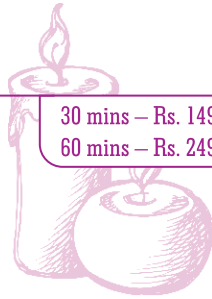


Asian Head Massage

Asian Head Massage incorporates the ancient Ayurvedic healing system to give you a complete relaxation experience.

30 mins – Rs. 1199
60 mins – Rs. 1999



Back Neck & Shoulder Massage

The Back Neck Shoulder Massage is one of our most popular massages to relieve back and muscle tension which has been built up and exacerbated by the stress of modern day living.

30 mins – Rs. 1499
60 mins – Rs. 2499

Balinese Massage

In Balinese massage, one or more essential oils are chosen for their specific qualities and matched to alleviate your particular problem, for example; lavender for relaxation and stress-reduction. Massaged into the skin, the properties of the oils are effective in treating a variety of conditions and the scents diffuse the atmosphere and are inhaled.

60 mins – Rs. 2999
90 mins – Rs. 3999



Used for:

Stress-relief, healing, relaxation, skin conditions and hormone imbalance.

Deep Tissue Massage

Deep pressure is applied to specific problem areas of your body. Slow, forceful strokes are used to target the deeper layers of muscle and connective tissue while more gentle massage techniques are used on the remainder of the body.

60 mins – Rs. 3299
90 mins – Rs. 4299



Used for:

Neck and shoulder pain, sports injuries, muscular tension, and muscular-skeletal disorders.

All prices are inclusive of taxes

Swedish Massage

The most commonly used form of massage. Swedish massage is gentle and relaxing. Long smooth strokes, kneading, circular movements and friction techniques are used on the more superficial layers of muscles and over the body.

60 mins – Rs. 3299
90 mins – Rs. 4299



Used for:

Stress relief, general relaxation, releasing tense or cramped muscles, and improving circulation.

Couple Massage

A couple massage is offered in a private room on side by side massage beds with two therapists who work on each individual at the same time. Long smooth strokes, kneading, circular movements and friction techniques are used on the more superficial layers of muscles and over the body.

60 mins – Rs. 5799
90 mins – Rs. 7499



Used for:

Stress-relief, healing, relaxation, skin conditions.

Foot Reflexology

Reflexology focuses primarily on the feet but is more than simple foot massage. It's based on the theory that there are "reflex" areas on the feet and hands that correspond to particular parts of the body. By applying pressure to the areas, health is restored to the corresponding parts.

30 mins – Rs. 1499
60 mins – Rs. 2499

Used for:

Stress, tension headaches, digestive disorders, arthritis, **insomnia**, hormonal imbalances, menstrual disorders, back pain, **tired feet**, and overall healing.

All prices are inclusive of taxes